

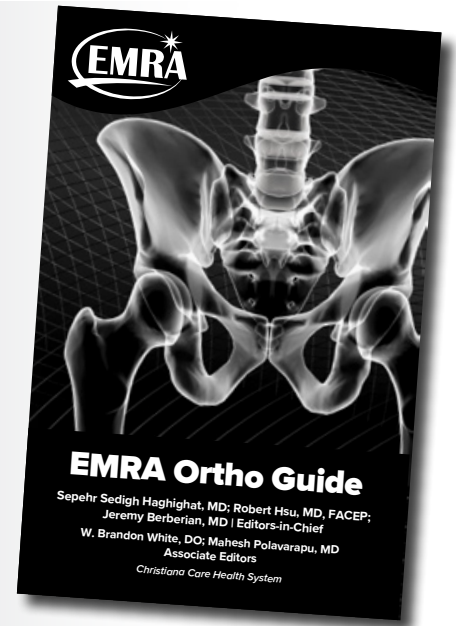
New EMRA Guide Helps Manage Orthopedic Injuries

How many times do you encounter musculoskeletal injuries on-shift? If you need a quick refresher for managing those conditions, turn to the brand-new *EMRA Ortho Guide*.

This new pocket reference helps you speak ortho more confidently. The book provides imaging recommendations, treatment options, dispo recommendations, and general pearls for assessing and managing the orthopedic injuries most commonly seen in the ED. Plus, you can review splinting techniques, reduction tips, and key neurologic exam findings.

Many thanks to the **Christiana Care Emergency Medicine Residency Program** for leading the development of this valuable resource! EMRA especially recognizes editors-in-chief **Sepehr Sedigh Haghighat, MD, Rob Hsu, MD, FACEP, and Jeremy Berberian, MD**; senior editors **Brian Levine, MD, FACEP, and Dan Grawl, PA-C**; and associate editors **Mahesh Polavarapu, MD, and W. Brandon White, DO**.

The book will be included in EMRA resident member kits and will be available in the ACEP Bookstore and on Amazon. ★



Keep an Eye on These Future Stars

The EMRA Medical Student Council has announced the inaugural winners of its **National EMIG of the Year Award**, recognizing exemplary emergency medicine interest groups (EMIGs) across the country. Congratulations to these programs!

- **Winner:** Philadelphia College of Osteopathic Medicine
- **1st Runner-up:** Wayne State
- **2nd Runner-up (tied):** Pacific Northwest University College of Osteopathic Medicine and Chicago Medical School of Rosalind Franklin University

These 4 EMIGs won their respective Regional EMIG of the Year title before being considered for national honors.

The EMRA Medical Student Council developed the award because EMIGs represent an essential meeting ground for students, residents, and faculty with a shared excitement for emergency medicine. An effective EMIG provides programming to help students learn more about the specialty, network effectively, navigate the match process, and form relationships with other organizations.

EMRA Medical Student Council Chair Corey McNeilly, MA, said the level of engagement among EMIGs is impressive.

“EMIGs are the primary avenue for students to gain exposure to emergency medicine,” he said. “EMRA wants to encourage the amazing programming and work they do by providing recognition on a national scale.”

All EMIGs are encouraged to apply for the 2020 title. Applications will be run through the EMRA Spring Awards process, so watch for details at emra.org/awards.

For tips on organizing and running an EMIG, visit emra.org/students/emergency-medicine-interest-groups. ★

Nominate a Colleague for EMRA’s 45 Under 45

As EMRA celebrates its 45th anniversary, we want to celebrate YOU — the young influencers who are shaping the future of emergency medicine by making a difference in your community, your hospital, and our field.



Do you know a rock star who is making an impact — in big or small ways? Someone who is quietly — or boldly — shaping the future of our specialty? Nominate them to be one of EMRA’s 45 Under 45!

This special recognition shines a light on the amazing work our members are doing. This fall, we will celebrate 45 superstars in emergency medicine under age 45.

The deadline to nominate yourself or someone else is July 15.

Visit <https://www.emra.org/be-involved/awards/45under45/> for criteria, additional information and the nomination form. ★

Embrace the Race Outdoors



EMRA’s MedWAR (Medical Wilderness Adventure Race), sponsored by BTG, gives you a chance to combine your love of the great outdoors with your medical skills and proficiency.

The 2019 MedWAR race will be held Wednesday, Oct. 30, in Castlewood Canyon State Park near Denver.

Space is limited, and team selection is through a lottery. **Get your team’s application in by July 15! Apply at emra.org/medwar.** ★